

What We Do

Chandler students struggling with suicidal ideation can come to The Hope Institute to reduce suicidal risk, increase hope, and obtain the ability to safely wait for ongoing outpatient care through stabilization. Our approach is unique, as it is based in the Collaborative Assessment and Management of Suicidality (CAMS) and Dialectical Behavioral Therapy (DBT), two of the most effective, evidence-based models currently available for treating suicidality.

Values

At The Hope Institute, we are here to make sure that you are not alone in your struggles. Our goal is to offer clients an appointment within 24-48 business hours of referral to provide the lifesaving help our client's need.

Goals

The Hope Institute provides short-term outpatient care (6-12 weeks) that includes individual counseling, group counseling, and intensive outpatient options. We can offer students up to four contact points per week for those most in need. Our team of highly trained clinicians has a proven track record of reducing suicidal ideation in six weeks or less.

Contact Us:

1875 E Queen Creek Rd
Gilbert, AZ 85297

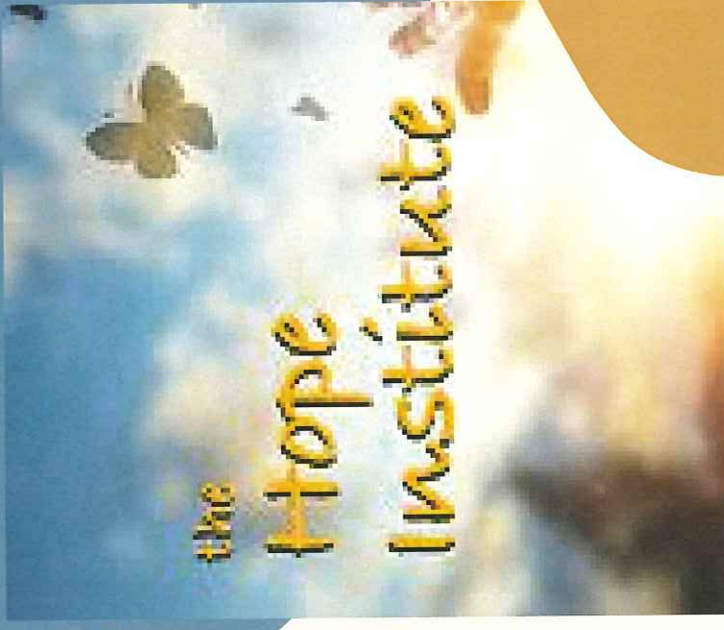
Phone:

Website: <https://www.thehopeinstitute.net/>

Email:



The Hope Institute of
CUSD



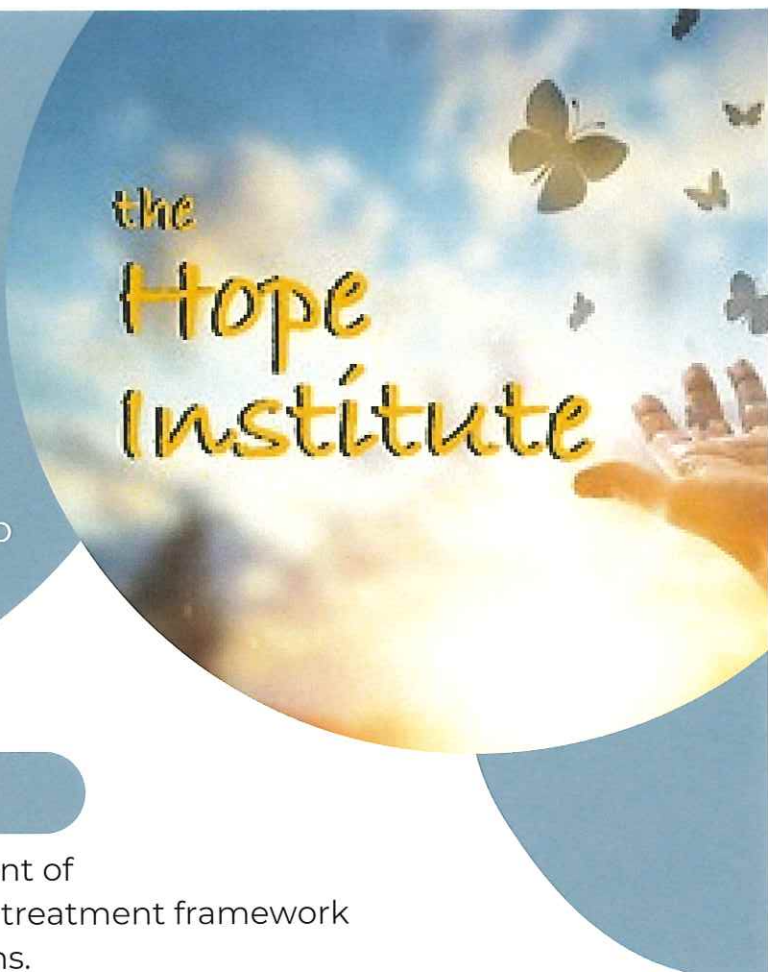
Hope Starts Here

If you or your child is in immediate danger of suicide,
please call 988.

FAQ

FREQUENTLY ASKED QUESTIONS

We pride ourselves on being transparent about our approach to treatment! See below for some answers to our most frequently asked questions.



the
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What is CAMS?

CAMS (Collaborative Assessment and Management of Suicidality) is an evidence based, suicide-focused treatment framework intended to reduce suicidal risk within 6-8 sessions. Visit www.CAMS-Care.com for more information.

What is DBT?

DBT (Dialectical Behavior Therapy) is an evidence based, behavior-focused treatment intended to assist people in managing and regulating their emotions, as well as reducing suicidal risk and working towards building a "life worth living."

Who can benefit from the services provided at The Hope Institute?

Anyone experiencing suicidal ideation can benefit from the services (individual therapy, phone coaching, group therapy) we provide at THI. We offer intakes as soon as 24 hours after referral.

How can The Hope Institute help me?

THI utilizes CAMS and DBT, two proven clinical interventions that reliably and effectively treat suicidal ideation among other symptoms. CAMS intends to treat patient-defined suicidal drivers leading to rapid reductions in suicidal ideation, overall symptom distress, depression, and hopelessness. In addition, there is promising data for decreasing suicide attempts and self-harm behaviors.



THI.CUSD@GMAIL.COM



Visit our website for more information!

www.TheHopeInstitute.net


Follow Us!



GET TO KNOW

Our Staff

Through the use of the CAMS framework, each of our clinicians is able to tie in their own therapeutic style, making our collective approach to treatment unique, client-specific, and effective!



the
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Who We Are:

- A team of clinicians passionate about providing efficient and effective care and stabilization for those struggling with suicidal thoughts

What We Do:

- Through the use of CAMS (Collaborative Assessment and Management of Suicidality) and DBT (Dialectical Behavior Therapy), we ensure suicidal risk-reduction, increased hope, and stabilization within 6-12 weeks



OUR STAFF

- Lindsay Taylor, LMSW
- Kaitlyn Kirkham, LMSW
- Qiuyi Lin Wright, LMSW
- Myrna McAfee, LAC
- Nikki Rybarczyk, LPCC-S
- Aaron Cromley, LPCC-S
- Megan Bond-Stokes, LISW-S
- Derek Lee, CEO, LPCC-S, DBT-C

CONTACT US



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Visit our website for more specific information on each of our clinicians!